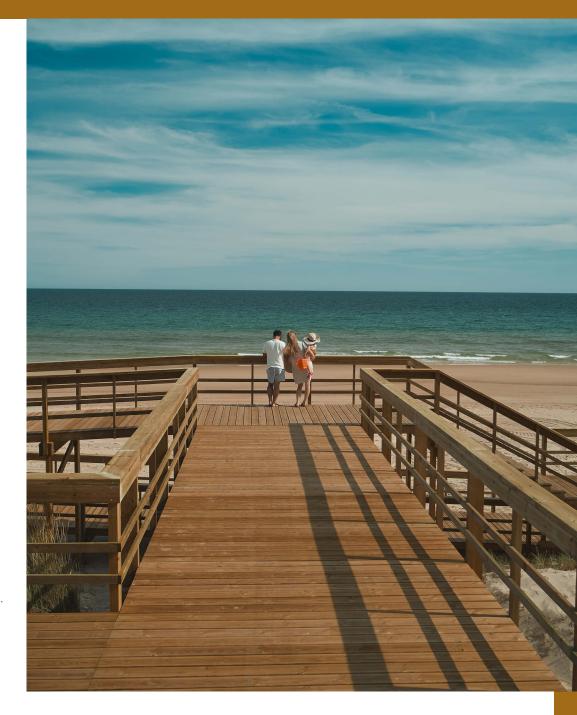


Explore Verdelago

Lake green, sky blue, sandy white. The palette shows the emotion. The warm breeze embraces things, and the objects are animated by the scattered light. There is a gentle voice or perhaps a bird, smiles with serene sound. There is an undisguised beauty in everything. The trees blended with the dunes, and the dunes with the undergrowth and these with the animals, the sand, and the inhabitants of the land. You listen to the age of the sea, you peek at the moon, you fly with a sail, you talk at the table. Life is painted. The experience begins here.





More than 10 km of footpaths and walkways to explore the pine forest, the dunes, and watch the abundant resident fauna in Verdelago (hares, partridges, etc.) firsthand

2023

Water Sports Centre

Equipment Rental and Classes for beginners and advanced



Stand up Paddle

Rental

1 Hour €30 2 Hours €60 5 Hours €120



Beach Service

Umbrella and sun bed rental

Cost per booking



Kayaks

1 | 3 places

1 Hour 30€ 40€ 2 Hours 60€ 80€ 5 Hours 120€ 160€



E-foil Sifly

Rental

1 Hour 150€ 2 Hours 280€ 5 Hours 500€



Wind Surf

Aluguer

1 Hour 40€ 2 Hours 80€ 5 Hours 160€

Water Sports Centre

Equipment Rental and Classes for beginners and advanced



Catamaran Hobie Cat 16

Opt to sail on the famous and iconic Hobie 16 fibreglass catamaran. With elegant design it offers exceptional stability for perfect sailing in calm or choppy waters.

1-4 persons

Rental

Hour 30€
 Hours 60€
 Hours 120€
 Hours 500€

50€ 120€ Beginner's lesson Advanced class

son 85€ ss 150€

1H 3 classes x 1 hour



Laser Pico

The perfect choice if you're looking for a thrilling and challenging first time experience. Ideal for sailors who are beginners or experienced.

1-2 persons

Rental

1 Hour 70€ 2 Hours 130€ 5 Hours 220€ 10 Hours 450

Beginner's lesson Advanced class 65€ 1H 120€ 3 classes x 1 hour

Bicycles



Resort Bikes

Bicycle for exploring and getting around the Resort, with 4 collection points

Free, no need to book



Mountain Bikes

Mountain bike for a more comfortable and high performance ride to discover the Algarve serra.

Cost per booking

Pumptrack

BMX track, designed for moments of pure two-wheel for fearless kids and teenagers.

Cost per booking

HARVESTS CALENDAR



January

Orange, lemon, dried Fig and Cabbages

February

Orange, Lemon, dried Fig, Arbutus Berry Liquor and Bean.

March

Orange, Cockles, Arbutus and Bean Liqueur. Orange, Lemon, Dry fig and cabbage.

April

May

Loquat, Apricot, Clams, Cockles and Sea Salt.

November

Chestnuts, Arbutus, Persimmon, Pomegranate, Dried Blackmouth Catshark, Olives and Dry Fig.

June

Loquat, Cherry, Mujama, Oysters, Clams, Cockles and Razor Clams, Almonds and Sea Salt.

December

Arbutus, Orange, Almonds, Persimmon, Pine Nuts, Dried Blackmouth Catshark and Dried Fig.

July

Fig, Pita figs, Blackberries, Raspberries, Mojama cured ham, Oysters, Cockles, Sardines, Razor shells, Clams, and Almonds

August

Locust bean, Pita Fig, Honey, Mojama, Oysters, Cockles, Sardines, Clams, Cockles and Razor Clams

September

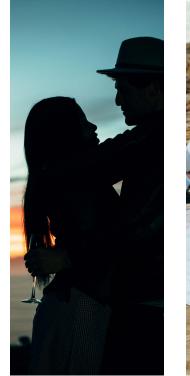
Locust bean, Grape Harvest, Honey, Acorns, Cockles, Clams and Razor Clams

October

Chestnuts, Quince, Plums, Physalis and Olive

VERDELAGO

Culinary Experiences













Romantic dinner

Picnnics

Wine tasting and cheeses Chef's Table

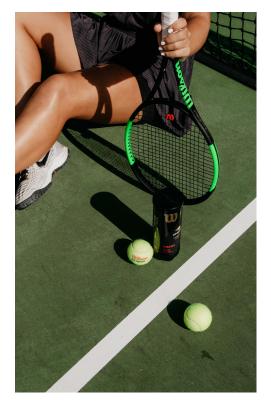
Pizza Workshop Champagne and Oysters

On the terrace of the Village Club, in the Private Room, in the Kitchen or at one of our "secret spots" to be discovered at the Resort.

VERDELAGO

8

Sports Field





Football

1 football field 7 synthetic pitches



Tennis

1 tennis courts, 1 synthetic pitch 1 hard court



4 Padel courts with synthetic pitches

The footpaths have 7 exercise stations

Pitch hire, clinics and training sessions with professionals.

Other Experiences





Yoga and Pilates Classes One-on-one paid classes

Massages

(Partnership with Exter	mal Ther	apist)
Ritual Tranquillity	110€	50min
Localised	70€	25min
Anti Stress	95€	60mir
Aromatic Massage	100€	50min
Cranial-Facial Massage	70€	25min
Expecting mother	95€	50min
Lymphatic Drainage	100€	50min

Facials

Sublime Skin	100€	80min
Hydramemory	€08	50min
Active Pureness	80€	50min
Remedy	95€	80min
Longevity Express	70€	30min
Active Pureness	85€	50min



Kids Club

Monitor with daily programme Open 5 days per week

Theme activities, plastic arts /secret mission games with weekly theme

Experiences on our Land

On land, the body takes care of itself. Flavours are released from hands accustomed to creating. Animals reveal their ways. Mountains rise and fall amused by the unexpected. You play just to enjoy it. You walk because the legs ask for it and the spirit demands. And because after each experience, there is always another.



Equestrian Club of Tavira



There is something deeply magical in the connection between horses and riders. Emotion, sensitivity and freedom, which make the experience of riding these majestic animals even more magnificent.

It was this connection that made Vasco Fina Ajuda Júnior fell in love, founder of the Tavira Horse Riding School, in 1999. And here it offers an experience that transcends technical and formal learning, in classes dedicated to any age or level of experience, accompanied by docile horses, trained for a moment of proximity, safe and unforgettable.

Whether on the equestrian centre's stage or on an outdoor walk, in a first experience or in a happy repetition, let yourself be surprised and reconnect with nature.



Activities:

Riding lessons

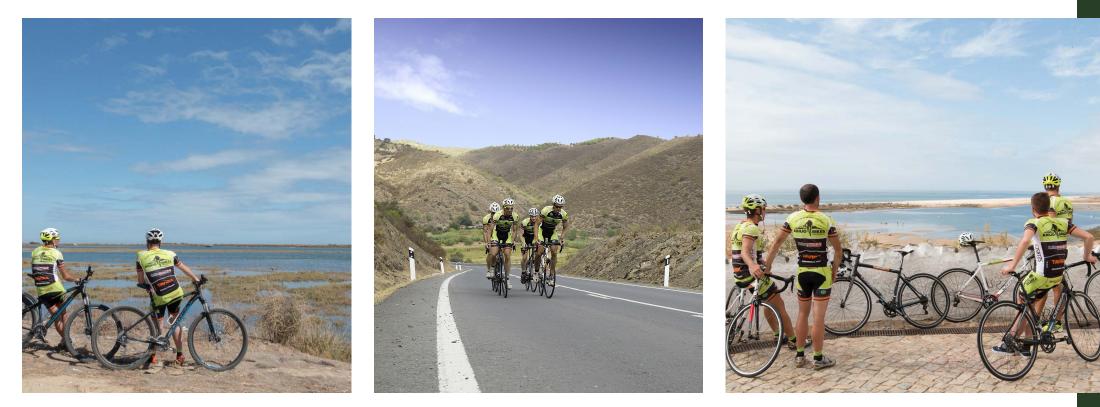
Lessons for all levels, no experience needed. Open to adults and children from 3-years.

Horse rides

Enjoy a ride through stunning landscapes around Tavira by the Ria Formosa

Costs: Cost per booking

Abílio Bikes



Exploring the Algarve on two wheels? A great idea.

The bicycle culture has set Tavira's rhythm since 1963, when the oldest bicycle shop in the city was founded — Abílio Bikes. In 2002, the change of management to the new owner João Branquinho made it possible to keep the historical legacy of this space dedicated to sustaining sustainable tourism in the Algarve, and to its discovery on two wheels. And that is why, affectionately, João is called Abílio by everyone, preserving his heritage.

Today, Abílio Bikes - Tavira Bike Shop promotes the passion for cycling, with a specialized, didactic, repair, sale and rental service thought through in detail, providing the best bicycles and brands for you to explore Tavira and its surroundings, through exciting routes of our Algarve, in an always safe round trip.

Activities:

Discovering Ria Formosa Lovers of nature, flora and fauna can discover the Ria Formosa Natural Park

the Ria Formosa Natural Park. From 40€

BTT hills route

This route takes you along the Rio Séqua. From 70€

Between the Serra and the Sea

Cycle routes for the more experienced bikers running through the four Algarve districts of Sotavento, From 100€

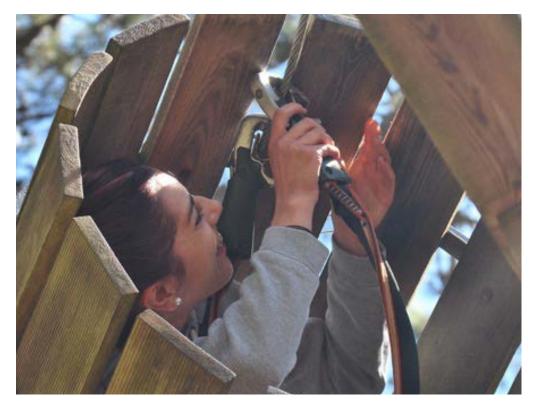




Quinta do Vale Golf Resort Monte Rei Golf & Country Club Castro Marim Quinta da Ria Quinta do Lago Quinta de Cima Benamor Golf San Lorenzo

Subject to booking cost.

Tree climbing



From the top of a tree, another perspective is gained by us and the world.

Tree climbing gives us just that, a view from the heights of the trees, which awakens challenges and emotions in overcoming obstacles, in full contact with nature.

Between the Curious, Adventurous or Fearless levels, there are bridges, nets, giant slides and many other activities for you to reconnect with strong emotions and challenges that unite fun and adrenaline in pure state.

Without the need of prior physical preparation, just count on your determination and freedom to follow surprising routes, guided by quality safety facilities and equipment and supervision by qualified monitors. Once each route is over, it will be difficult to stop the adventurer in you.



Outdoor leisure sports activities in the national forest of VRSA, on platforms installed in trees with several obstacle courses.

Prices: From €13

Monterosa



Monterosa olive oils have the Algarve's aromas and character. Born from a 15-hectare olive grove, carefully cultivated in Moncarapacho, it is at Quinta Monterosa that the sensory experience of olive oil arises with all of the Algarve's essence.

Discover olive oil's journey, from the cultivation to the olive harvest, from the tradition and craftsmanship that still conduct part of the process today, to the innovation that guides the production excellence of extra virgin olive oils - from the Algarve to the world.

Travel through the process and awaken the senses, ending with an olive oil tasting with specificities as unique and rich as the leeward region itself. "Learn more, taste better" is the concept that conducts this experience, so you can learn more and better appreciate the exceptional olive oil that the land offers.

Guided visits to the Viveiros Monterosa, where the best olive oil in the Algarve is produced. Stroll through the olive groves to the olive press and sample premium olive oils.

Olive oil tasting 13€ per person

Spa Salino Água Mãe



Focused on your well-being, come and discover the Água Mãe Saline Spa. Body and mind ask for complicity and positive energies for a sense of fullness. And that is what you will find here, in an ancient saline spa in the middle of the Marshland Nature Reserve, in the Castro Marim's Salt Pans.

The incredible landscape with long white hills, exposed in flooded fields with squared shapes, is the guarantee seal of a unique experience by these salt pans where you can discover the whole process involved in the creation of sea salt and fleur de sel (salt flower), from its origin and artisanal harvest, to the table in our house, but also enjoy a true natural spa.

If the ancients said that salt drives away bad energies, it is now well known that the mineral has several unique properties for well-being – warding off mundane concerns, in this small refuge that is. With a naturally hot temperature between 25 and 35 degrees, and rich in mineral salts, the waters of the salt pans have a natural buoyancy and provide several health benefits, such as the relaxation of the entire muscular system, the increase of blood stream and the increase of the human body defences. To complement this activity, aquatic clay is also applied, which has a moisturizing and soothing effect, detoxifying the skin of impurities.

Between the floating bath of mineral salts, the appliance of saline clay, the exfoliation with salt flower, a massage or a yoga class: immerse yourself in serenity and regenerate body and mind in full communion with the region's nature.



Relaxing experiences at the ancient Castro Marim salt flats. Bathe in the salt mineral baths where artisan salt is made.

Suggested length:	2 to 3 hours
Cost:	From €6

Salmarim



When, in 2007, the year in which João, the first son of Sandra Madeira and Jorge Raiado, was also born, they spent a summer in the salt flats of Sandra's father, in Castro Marim, they were far from imagining that, on that serene horizon, there was a new adventure that would add flavour to his life: salt and fleur de sel.

Passionate about life's pleasures, in particular gastronomy, it didn't take much to realize what once made salt a precious treasure and a valuable bargaining chip. And from there to wanting to bring it back to its glory, with a new approach, it only took the will and the instinct to know that this ingredient still has a lot to show and delight.

After all, they say that salt gives season to life, and it couldn't be more true. Fleur de sel and all the varieties that are born from the process of its formation are not only exciting as an activity, but extraordinary in their powers: they enhance flavours, giving life to the most tasteless ingredient; they transform a trivial dish into something very, very special. Graduated in Tourism, Art History and Management, Jorge Raiado saw the fleur de sel through different eyes and realized that there is, today, a new world that seeks the best of nature, and that does not give up finding it if it means discovering new flavours and savouring new pleasures.

Thus, the family business, victim of the canning industry's disappearance, which was once prosperous, which survived from an exhausted format in which salt lost value, became a family business in which salt, freed from any strings attached, takes the lead and becomes the spotlight.

Salmarim was born this way, the brand that gives its name to the salt flower harvested in probably the oldest salt pans in Castro Marim; ancient salt pans that are thought to have been explored long before the Arabs and Romans, in the Iron Age, by the Phoenicians.

With a new vision and a new energy, which now focuses mainly on the fleur de sel, once devalued by its fragility and by the few quantities obtained in its harvest, Sandra and Jorge add, to what was already a pleasure, a full-time business.

Tuk Tuk City & Chocolate Tour



Set out to discover the tastiest side of Tavira, on a Maria Tuk Tuk's trip that combines a tour through the city with a visit to the renowned Artisanal Chocolate Factory – iBelle – and discover the region's delights, produced with mastery and tradition.

The "City & Chocolate Tour" experience is perfect for chocolate and chocolaterie fans, hitchhiking in comfortable electric vehicles from the Maria Tuk Tuk's fleet, driven by a specialized and knowledgeable team from the region.

Make your reservation in advance so that you can calmly enjoy this visit to the iconic Factory with time and discover the charms of the city with artisanal chocolate treats in hand. Is there a more delicious way to explore the city?



Tuk Tuk experience in Tavira with city tour and visit to the Fábrica de Chocolate with hand-made chocolate tasting.

Prices From €65

Wine Tasting



They offer a unique sensory experience with wines that represent 'our' Algarve. The wines are the brand image with a high alcohol content, between 16 and 17 percent alcohol which is surprising because the range of flavours are so unexpectedly smooth and complex.

The micro climate, the low winter temperatures in winter and high temperatures in summer allow a good and balanced maturity of the seven grape varieties

That this region has to offer (Touriga Nacional, Syrah, Cabernet Sauvignon, Aragonês, Siria, Arinto e Chardonnay).



Includes:	A guided visit (Discover the history of the family and about the wine making process); 4 Quinta da Tôr wine tastings, home-made bread and crafted olive oil. Tapas option
Duration:	30 minute guided vision; wine tasting 1h30 a 2h.
Location:	Loulé
Packs e prices:	The difference between the different wine tastings and the wines to taste: classic wines, strong wines or wines that mature in French oak casks
Cost:	From €12/person

Buschcraft - Survival



To be one with the land is to know how to care for it, explore it and survive on it. This is the challenge of Escola do Mato, the only school in Portugal dedicated to Bushcraft and which, celebrating 12 years of existence, has prepared a program rich in Bushcraft and Survival activities that explore the use of traditional skills, the development of techniques to survive and thrive in a natural environment using organic materials - demystifying nature as an inhospitable place and making it, comfortably, your second home.

Discover practical training and explore new skills, reconnecting with yourself and nature.

Values and Mission	 Courses and workshops are designed to ensure that there is a sustainable use of resources;
	 The activities comply with environmental values and recognise that some areas and seasons are prohibited or conditioned, either for the presence or for the use of fire;
	- They seek to sensitize trainees to respect the values of each area;
	 They purchase, whenever possible, from local and national producers, opting for seasonal products
Workshops	- Natural rope and basketry
	- Wood carving
	- Plants and trees
Courses	- Bushcraft essentials
	- Intensive Bushcraft
	- Parents and Children
	- Basic Survival Course
	- Survival for Scouts

Price: From €50

Ruben Faria - Adventure Tours





Welcome to Ruben Faria Adventure Tours

"Come drive with us on the best-off road tracks in Europe. Our programs will ensure that you will experience the best adventure days of your life!"

- Day Dream Adventure
- Mountain Secrets Adventure
- Coast to River Adventure
- Taylor Made Adventure

Associated cost, per reservation

Ruben Faria, born and raised in Algarve - Portugal, belongs to a very restricted group of drivers who not only participate in the most well-known and longest worldwide events, but also managed to conquer podiums and wins in some of them, such as Rally of Morocco, Pax Rally and Rally of Sertões.

His list of accolades also includes events with great media attention around the world, such as the United Arab Emirates Desert Challenge, in Dubai, and the Dakar Rally, where he won second place overall in 2013.

Currently, Ruben Faria is an official driver of one of the most prestigious rally teams, the Rockstar Energy Husqvarna Factory Rally Team, and is among the drivers who have done the most kilometres in national and international Rallies. At national level, Ruben Faria participated in several events, such as Baja 500 Portalegre and Baja de Alcoutim.

Jeep Safari | Riosultravel



All Day

Discover a different Algarve through a nature trail in 4×4 vehicles on the sinuous trails of the mountains and villages lost in time. Nature Circuit in 4×4 vehicles to discover the Lower Guadiana region (lunch is included):

- Cultural and historical information of the region
- Tasting of regional natural and organic products, Fauna, flora and landscapes
- Passage through the Castro Marim Nature Reserve
- Regional gastronomy (lunch) in an inland village
- Cork and Salt production and treatment
- Inland villages and their people's habits

This circuit is suitable for vegetarians and children. The pickup is included in your accommodation between Tavira and Monte Gordo.

From 59€/person Duration: close to 7 hours

Half Day

Through our Jipe Safari Natureza Meio Dia discover a different Algarve in our 4×4 vehicles on the sinuous trails of the mountains and villages lost in time:

- Discover Algarve's interior through the Lower Guadiana
- Traditions and customs
- Visit small farms and taste different typical and organic products
- Cultural and historical information of the region
- Animal life and plant life
- Landscapes of unique beauty

The pickup is included in your accommodation between Tavira and Monte Gordo. This circuit is suitable for vegetarians.

From 45€/person Duration: more or less 3 hours

Jeep Safari | Transguadiana





- Nature: we visit the Castro Marim Marshland Nature Reserve and its salt pans. We observe flamingos and get to know the fauna and flora of the Northeast Algarve.
- Gastronomy: we have lunch in a traditional Algarve cuisine restaurant. During the tour, we taste locally produced products, and it is obvious that the Medronho will be present!
- Culture and History: we pass through Castro Marim, Cacela Velha, and several lost villages in the Algarve mountains.
- Adventure: traveling on an off-road means reaching hidden places through sinuous dirt roads, which in itself is an authentic adventure!

This tour includes a professional driver, jeep trip and lunch. It is advisable to bring comfortable clothing and footwear, bathing suit, towel and sunscreen.

Adults: From 60€/person Children (0 to 11 years old): From 30€/person



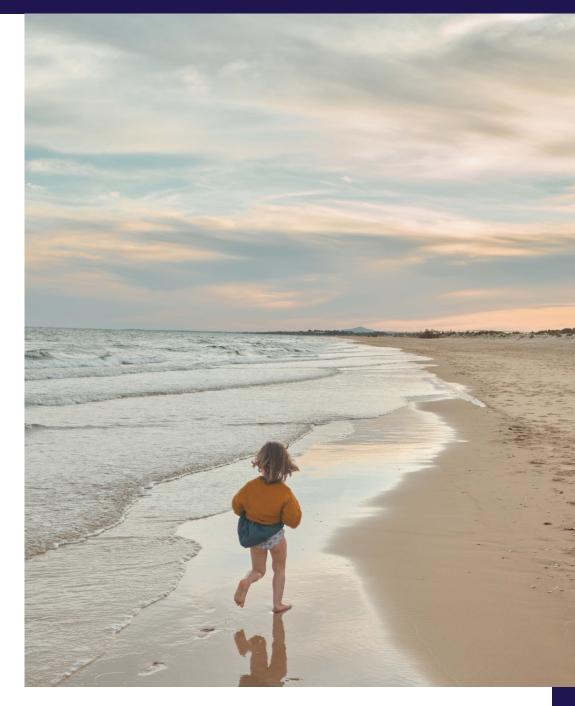


Experiences at Sea

Here it tastes like salt, and the sun plays with the water just to cheer us up. The lines emerge.

The horizon, the threads of clouds in the sky, the water softly drawn by the boats, the coast extended almost out of laziness, the estuary, delightful because it was born that way.

And then at the end of the day, after the sea bath, you can try a dip in the flavours.



Unique Experience



Dinner on Board

A true "bucket list" experience, for the surprise proposal or for the special family celebration

A sunset boat trip on the Guadiana River, where our Executive Chef and Sommelier will surprise you with a tasting menu, with several surprising moments, based on the guests' preferences, and using local products

Maximum of 6 people Price upon request



On Rio Guadiana & Cacela Velha



From Vila Real de Santo António, explore Rio Guadiana, Cacela Velha and Montegordo Bay, with plenty of time for bathing in the sea and exploring small bays and coves.

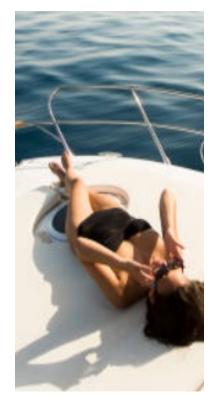
Half day trips (4h) or full day trips (7h)

Picnic option supplied by the Resort

DreamSail Charter is a boat rental company in Huelva, Costa de la Luz and the Algarve. We have a fleet of rental boats, including catamarans, sailing boats and outboard motor launches. We offer individual and group excursions

From €250

In Ria Formosa











On board a yacht



Classic sailing expedition

Speed Boat to the Ilhas Desertas

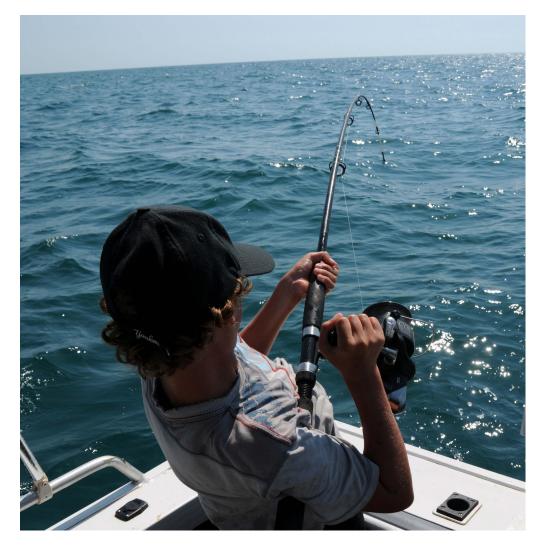
Catamaran Trip

From Olhão or Faro, explore the Ria Formosa, the traditions of the fishermen and the Ilhas Desertas.

Half Day trips (4h) or full day trips (7h), or transport by speed boat to the Ilhas Desertas.

Picnic or Lunch option at the famous Estaminé on Faro Island.

Recreational fishing



The NUMBER One team is a group of friends gathered around the same passion: Recreational fishing in Algarve (Portugal). Driven by this engaging and strong passion for our fishing experience (which allowed us, in 2021, to obtain the title of world champions during the "Blue Marlin World Cup Championship"), we decided to rent out our two boats to spend all our moments of happiness at sea.



The MAGICK

It is perfectly equipped for coarse fishing, and it meets all your expectations.

The comfort of this boat for navigation is acknowledged, it can accommodate up to 8 people, but for fishing we limit it between 3 and 6 fishermen at most. The fly allows you to navigate and have better visibility in the water, essential for tuna hunting. As fishing days are relatively long, toilets are available for your comfort.

L'Expérience

The Experience is a boat capable of accommodating up to 14 people on board with great comfort and with a large, shaded area. Unlike Number One, which is more suitable for the fishermen's elite, the Experience is more docile and geared towards parties at sea.

The Algarve is an excellent place for wild dolphins' watching and our experienced Skipper will know how to direct you towards the places where the chances of finding them will be higher.

You can also visit the different Ria Formosa's islands, more information in the article here: The Ria Formosa's Islands. The Experience can also accommodate a team of divers or simply fishermen (amateur or not) for general fishing (mackerel, sea bream, small shark, etc.) on board.

Experiences in the Sky

If the sky is for the birds, the will to fly is human. From up there, you can see how lucky we are on the land we live in. From the air everything is poetry. Sea, land, river, mountain line up in a set of colourful landscapes. Of course, then you have to come down to earth.

But the dream experience stays forever.



Voo de Girocóptero



Subject to weather conditions

Limite Zero - Cross-Border Zipline



The Only Cross-Border Zipline in the World

It offers its visitors a unique and unforgettable experience crossing the Guadiana River from Spain to Portugal through the first cross-border Zipline in the world.

Participants are transported in the organization's vehicle to the exit platform with the equipment in groups of up to 8 people.

When they reach the end of the Zipline in Portugal, participants must walk for about 5 minutes to reach the Alcoutim pier, where they have a Ferry at their disposal to cross the river and return to Spain, the cost of which is not included in the price of the ticket.

Through the length of 720 meters that unite the two countries, the user crosses the river at a speed between 70 and 80 kilometres per hour, literally flying through time, gaining an hour, due to the time zone change between both countries.

Price: from 20€/person

Conditions and Safety

- Customers must have a minimum of 40 minutes to live this experience;
- The minimum age (established by law) for the use of the Zipline is 14 years;
- The Zipline is recommended for people whose weight is between 25 and 110 kg;
- LIMITEZERO reserves the right to modify these limits depending on weather conditions;
- Parents or guardians accompanied by children must pick them up upon arrival in Portugal;
- LIMITEZERO is able to offer this experience to people with several types of disabilities, giving the appropriate recommendations in each case and always with prior notice;
- Qualified personnel and in permanent contact between the 2 points;
- Installation with all safety measures and internationally certified;



Para informações e reservas, por favor contacte:

Telefone: 281 101 600 Email: info@verdelago.com

2023